

# What's Next? Our Unique Programs



## JOINT COMMISSION >>

The Cottages on Mountain Creek and Bright Path Program have earned the Gold Seal of Approval with the Joint Commission.

## PROGRAMS >>

The Cottages on Mountain Creek and Bright Path Program deliver five documented and outcome driven programs with quality measures as follows:

- PHP (Mental Health)
- IOP Behavioral Program (Mental Health)
- Out-Patient Addiction Program (State Licensed and Medicare Approved)
- 55+ Program for Older Adults (cognitive behavioral, memory care disorders and addictive disorders)
- Dealing with Pain Program

Individual Therapy includes the following:

- CBT
- EMDR
- Depression/ Anxiety
- Borderline Personality
- PTSD
- Trauma
- Social Anxiety
- OCD

- **Aspergers and DBT** - Programming also provides therapies for **Asperger Syndrome** (higher functioning) and **DBT** upon request.

## SENIOR PROGRAM OVERVIEW >>

The 55+ Behavioral Cognitive Program includes specialized care including;

- **Vascular Dementia**
- **Fronto-Temporal** Lobar Degeneration
- **Lewy Bodies**, as well as and non-typical Memory Care dementias

Bright Path Programs address **Co-Occurring Memory Care and Cognitive Behavioral Issues**.

## EXPANSIVE BACKGROUNDS >>

Our Clinical Team has expansive backgrounds working in major **Tier I and Tier II Teaching Hospitals and Universities** that include directors, psychiatrists, therapists, and registered nurses.

All levels of staffing have over ten years of experience. The Clinical and Management Team each have up to 20 to 35 years experience.

## COVID-19 >>

The industry did not foresee the changes resulting from the Pandemic. As a result, COVID has fast-tracked 'direct care' from an intimate 'face-to-face' to a sterile screen-to-screen exposure. While key delivery components include directly engaging with the client 'face-to-face', we also understand that clients may need to utilize virtual training sessions (**our Zoom classes are HIPPA compliant**).

## INSURANCE REIMBURSEMENT >>

- **Out of Network** - Major Insurance Carriers;
- **Tri-Care - In Network (IOP)**; and
- **Medicare** - Pending Approval for PHP; Approved for Drug and Alcohol Out-Patient Program.



Stay Tuned For More Good News About Our Programming And Advancements

